

PSYCHOLOGY		
Time : 3 Hrs.	October - 2014	Marks : 80

Q.1. (A) Complete the following statements by selecting the appropriate words given below: (5)

- (1) The Army Beta test is a test of intelligence.
(a) verbal individual (b) group performance (c) individual performance
- (2) DSM IV, the multi-axial classification system of mental disorders consists of axes. (a) five (b) six (c) eight
- (3) has done experiments on instrumental conditioning.
(a) Pavlov (b) Sherif (c) Skinner
- (4) The game of 'tug of war' is an example of
(a) social loafing (b) group polarization (c) intergroup conflict
- (5) Communication is a two way exchange between the and the receiver.
(a) actor (b) sender (c) carrier

(B) Match the following pairs from group 'A' and 'B': (5)

Group 'A'	Group 'B'
(1) Sheldon	(a) Built environment
(2) Kurt Lewin	(b) Prejudice
(3) Phobia	(c) Mesomorph
(4) Group polarization	(d) Bandwagon effect
(5) Swimming pool	(e) Irrational fears
	(f) Avoidance-Avoidance conflict

(C) Write whether the given statements are True or False: (5)

- (1) A person with IQ 75 is said to be average.
- (2) Stress affects the body's immune system.
- (3) Client centered therapy was proposed by Maslow.
- (4) Changing attitude is a science of persuasion.
- (5) In participant observation, the observer can record things easily.

(D) Answer each of the following in 'one' sentence: (5)

- (1) Which type of intelligence test requires the knowledge of language?
- (2) Who developed the Thematic Apperception Test (TAT)?
- (3) Who carried out the experiment on classical conditioning?
- (4) What is empathy?

Q.2. Answer the following questions in 30 to 40 words each (Any FIVE): (10)

- (1) Explain the difference between 'intelligence' and 'aptitude'.
- (2) What do you understand by nonverbal tests?
- (3) Explain the 'trait approach' of personality.
- (4) Describe a few symptoms of stress.

- (5) Explain the 'message characteristics' in change of attitude.
- (6) What is instrumental conditioning?
- (7) What is obedience?
- (8) What are the symptoms of Post Traumatic Stress Disorder (PTSD)?

Q.3. Explain the following concepts in 25 to 30 words each (Any FOUR) : (8)

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| (1) Emotional Quotient (EQ) | (2) Sentence Completion Test (SCT) |
| (3) Conflicts | (4) Depression |
| (5) Attitude | (6) Prejudice |
| | (7) Nonverbal communication |

Q.4. Give psychological reasons for the following in 30 to 40 words each (Any FIVE) : (10)

- (1) A trained and skilful examiner is required to conduct individual test of intelligence.
- (2) Culture influences the development of personality.
- (3) Exercise helps to reduce stress.
- (4) Mass media plays an important role in attitude formation.
- (5) Social loafing is an important influence of group activity.
- (6) It is desirable to adopt a spiritual perspective to human-environment relationship.
- (7) The observer should not interfere while observing.
- (8) Acceptance and respect for the client are essential things for a counsellor.

Q.5. Write short notes in 50 to 60 words each (Any FOUR) : (12)

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| (1) Group of intelligence. | (2) Structure of personality (Freud). |
| (3) Time management. | (4) Anxiety disorder. |
| (5) Strategies for handling prejudice. | (6) Crowding. |
| (7) Ethics of counselling. | |

Q.6. Answer any TWO of the following in 100 to 150 words each with the help of the following points : (10)

- (1) Explain the various methods of personality measurement.

(i) Self report	(ii) Projective techniques
(iii) Behavioral analysis -	
(a) Interview	(b) Observation
- (2) Describe the importance of life skills in promoting positive health and well-being.

(i) Improving relationships	(ii) Self care
(iii) Diet	(iv) Positive attitude
- (3) Explain the various measures for promoting pro-environmental behaviour.

(i) Information and education	(ii) Prompting
(iii) Modeling	(iv) Commitment

Q.7. Answer any ONE of the following in 200 to 300 words: (10)

Explain various psychotherapeutic techniques to treat mental disorders.

OR

Discuss the nature and formation of a group.

